Creative Dance Center Schedule • Fall/Winter 2026–2027

A 17-week (Tues-Sat) or 15-week (Mon) schedule: Sept 8, 2026 through Jan 23, 2027. For exceptions to the 17-week schedule, see grid below.
Creative Dance Center Breaks: no classes Sept 7 (Labor Day), Nov 23-29 (Thanksgiving Break); Dec 21-Jan 3 (Winter Break); Jan 18 (MLK Day).

	Mon	Tue	Wed	Thu	Fri	Sat
Morning	***Monday classes start Sept 14 & are on a 15-week schedule due to Sept 7 & Jan 18 holiday & are priced accordingly.***			9:45 - 10:45 **Boost with Bronwen** Adults -*Bronwen* 14 week: 9/10-12/17 $364	9:30 - 10:30 **Caregiver/Toddler** $442 Walking - 2.5 -*Annie*	9:30 - 10:30 **Caregiver/Toddler** $442 Walking - 2.5 -*Amanda* *9:30 - 10:30 **Creative Dance** $442 Ages 3.5-4 -*Maia*
Morning	10:00 - 11:00 **Caregiver/Toddler/Child** $390 Walking - 4 -*Amanda*	10:30 - 11:30 **Caregiver/Toddler** $442 Walking - 2.5 -*Terry*	10:00 - 11:00 **Caregiver/Toddler/Child** $442 Walking - 4 -*Terry*		*10:00 - 11:00 **Gentle Ballet** Adults -*Hosanna* 14 week: 9/11-12/18 $364 10:40 - 11:40 **Caregiver/Child** $442 Ages 2.5-4 -*Annie*	10:40 - 11:40 **Caregiver/Child** $442 Ages 2.5-4 -*Amanda* *10:40 - 11:40 **Creative Dance** $442 Ages 4.5-5 -*Maia*
Morning			11:15 - 12:15 **Nurturing Baby** 2 mo - pre-walking -*Terry* 14 week: 9/9-12/16 $364			*11:50 - 12:50 **Dance & Drama** $442 Grades K-2 -*Maia*
Afternoon	*4:00 - 5:00 **Pre-Ballet K-1** $390 Grades K-1 -*Emi*	*3:20 - 4:20 **Creative Dance K-1** $442 Grades K-1 -*Maia*	*3:15 - 4:15 **Creative Dance** $442 Ages 3.5-5 -*Kechelle*	*3:00 - 4:00 **Creative Ballet** $442 Ages 3.5-5 -*Michaela* *4:05 - 5:20 **Ballet I/II** $468 Grades 2-4 -*Michaela*	* Designates Lower Studio	
Afternoon	4:15 - 6:00 **Modern 1** $465 Grades 2-3 -*Tiffany* *5:05 - 6:05 **Pre-Ballet 1-2** $390 Grades 1-2 -*Emi*	*4:25 - 5:25 **Creative Modern** $442 Grades 1-3 -*Maia* 4:30 - 6:30 **Modern II** $553 Grades 4-5 -*Annie*	*4:20 - 5:20 **Hip Hop Groove** $442 Grades 3-5 -*Kechelle* 4:30 - 6:30 **Modern IV** $553 Grades 8-9 -*Ruby*	4:30 - 6:30 **Modern III** $553 Grades 6-7 -*Sara*		
Evening	5:00 - 6:30 **ON ZOOM** **Creative Modern for Adults (Online)** Adult -*Anne* 13 week: 9/14-12/14 $372	*5:55 - 6:55 **Caregiver/Toddler/Child** $442 Walking - 4 -*Michaela* 6:30 - 8:00 **Ballet III** $486 Grades 5+ -*Terry*		*5:45 - 6:45 **Boost with Bronwen** Ages 14+ to Adult -*Bronwen* 14 week: 9/10-12/17 $364		
Evening	6:15 - 8:15 **Int/Adv Modern** $488 Grades 10+ to Adult -*Tiffany*	*7:00 - 8:00 **Adaptive BrainDance** FREE! Ages 13+ to Adult -*Michaela/Joel* 14 week: 9/8-12/15	7:00 - 8:30 **Keep Dancing! Modern for 40+** Adult -*Anne* 13 week: 9/9-12/9 $372			

Class Details & Registration at

creativedance.org

Financial Aid

CDC believes in supporting access to dance.
Tuition assistance for classes & workshops is available.
Application must be received before you register.

For details, email registrar@creativedance.org

Celebrating 45 years!

Connecting body and mind to transform lives through dance since 1981

Visit creativedance.org/donate to support Creative Dance Center

Save the Date!

Kaleidoscope Gift of Dance

December 5 & 6, 2026

Erickson Theatre

Creative Dance Center Class Descriptions • Fall/Winter 2026–2027

EARLY CHILDHOOD

NURTURING BABY: (2 mo. - pre-walking) A full hour of dance and playtime baby fun! Meaningful social/emotional connections are made as you and baby dance together and with others. Explore dance concepts using multi-sensory props and instruments and move to a wide variety of music. Learn how to support floor-time. Fun, appropriate movements for baby's developing body & brain. Additional caregivers always welcome.

CAREGIVER/TODDLER: (walking to 2.5)
CAREGIVER/CHILD: (2.5- 4 yrs.)
CAREGIVER/TODDLER/CHILD: (walking-4 yrs.)
Learn BrainDance, explore dance concepts, play with multi-sensory props and instruments as your child develops confidence in their body. Class nurtures cognitive, social-emotional, and kinesthetic development while encouraging imagination and creativity! Nannies and caregivers always welcome. Siblings eight-months-old and older must be registered as a student for 25% off (email for coupon code).

PRE-K, CHILDREN & TEENS are drop-off classes. If your child is not ready to participate on their own, a Caregiver/Child class may be more appropriate.

CREATIVE BALLET: (3.5-5 yrs) Exploring ballet skills and vocabulary through creative dance helps young dancers learn ballet more easily and enjoyably. Dance concepts are introduced through the lens of ballet. We dance in bare feet.

CREATIVE DANCE: (3.5-5 yrs, Grades K-1) Having fun, exploring movement concepts, developing dance skills, strengthening the body and brain, interacting with others - it all happens in creative dance classes. Skills become more challenging throughout the year and progress with age level.

DANCE & DRAMA: (Grades K-2) Move, create, imagine, and play! Dive into dance and drama through movement, storytelling, and dramatic adventures as students collaboratively explore imagined worlds and transform into characters. Along the way, they build dance and theater skills, confidence, collaboration, and creative problem-solving while bringing their own ideas to life through BrainDance and movement exploration.

PRE-BALLET: (Grade K-1; 1-2) Exploring ballet vocabulary through dance concepts nurtures the whole dancer. Musicality, improvisation, skill development, and fundamentals of choreography are taught, with an emphasis on personal expressivity. Ballet shoes optional for Pre-Ballet K-1 and required for Pre-Ballet 1-2.

HIP HOP GROOVE: (Grade 3-5) Get ready to move, groove, and express yourself! Hip-Hop Groove introduces students to hip-hop dance in a fun, supportive environment. Dancers will learn age-appropriate choreography, foundational moves, and freestyle skills while building rhythm, coordination, confidence, and creativity. No experience necessary.

CREATIVE MODERN: (Grades 1-3) Experience more technique and skill development while continuing to have fun improvising and creating. Includes BrainDance, exploring movement concepts, and choreography.

MODERN I, II, III, IV: (Grades 2 & up) Exploring movement concepts, developing dance technique and skills, and composing dances strengthens the body and mind and helps older dancers become skilled movers and choreographers. Live Accompaniment.

INT/ADV MODERN: (Grades 10+ up)
A concept-based technique class for experienced movers wishing to deepen understanding of their embodied performance of modern dance. Classroom culture is student-centered. Content is derived from Limon, Bartenieff, Cunningham, and release techniques while following Anne Green Gilbert's 5-part lesson plan including BrainDance and choreography.

BALLET I/II & III: (Grades 2-4; Grades 5+) Ballet emphasizes strength, alignment, & musicality. Exploring ballet technique through dance concepts engages the whole dancer. Classes are offered in a supportive and creative learning environment.

BOOST WITH BRONWEN: (Ages 14+ to Adult)
See description in Adult section.

VISITING/OBSERVATION:
Parents are invited to observe class the 9th week (Nov 2-7) & 17th week (Jan 19-23 & Jan 11 for Monday classes) of the session.

A family-friendly waiting room is provided outside of class during non-visiting days. If your child is not ready to participate on their own, Caregiver/Child class may be more appropriate.

ADAPTIVE BRAINDANCE: (13+ yrs) For students of all abilities/disabilites. Class includes BrainDance, partner/ group work, improvisation, dance skills, and celebrates individual creativity. Students welcome to bring support in form of family or staff to aid in participation. No one-on-one supervision is provided. **FREE!**

ADULT CLASSES

BOOST WITH BRONWEN: (Adults) Get a boost for your body and brain in this fun, energetic dance class! Each week we'll learn moves to put together into a flash mob style group dance! Boost your mood to a pop-centric playlist as we warm-up with a high-energy BrainDance followed by easy-to-follow choreography to your favorite dance hits. No prior dance experience necessary.

GENTLE BALLET: (Adults) A welcoming ballet class for anyone seeking to gently reconnect with their body, including (but not limited to) pregnant and postpartum parents and caregivers. With grounding breath, accessible movement, options for babywearing and seated support, it offers a stress-free, affirming space where all levels can move at their own pace.

INT/ADV MODERN: (Grades 10+ to Adult)
See description in Children/Teen section.

ADAPTIVE BRAINDANCE: (13+ to Adult) For students of all abilities/disabilites. Class includes BrainDance, partner/ group work, improvisation, dance skills, and celebrates individual creativity. Students welcome to bring support in form of family or staff to aid in participation. No one-on-one supervision is provided. **FREE!**

KEEP DANCING! MODERN FOR 40+: Includes BrainDance, floor & center work, technique, movement combinations, folk dances, improvisation, and choreography. Fun and fitness for your fourth decade & beyond! Adults under 40 welcome, too! Live accompaniment.

CREATIVE MODERN FOR ADULTS (Online): Dance with us from home! Includes BrainDance, floor & center work, technique, movement combinations, folk dances, improvisation, and choreography. This class is taught online over Zoom.

Register at
creativedance.org

Kaleidoscope Gift of Dance • December 5 & 6, 2026 • Erickson Theatre

Concert times and ticket info at creativedance.org/performances

CREATIVE DANCE CENTER

Fall/Winter 2026–2027

CREATIVE DANCE CENTER is in the Haller Lake neighborhood just off Aurora Avenue North. 12577 Densmore Ave. N. is just south of the N. 128th Street and Densmore Ave. N. intersection. *Free parking.*

FALL/WINTER SESSION DATES: 17-week schedule: September 8, 2026 to January 23, 2027. *For exceptions to the 17-week schedule, see grid on previous page.*

CREATIVE DANCE CENTER BREAKS: no classes Sept 7 (Labor Day); Nov 23-29 (Thanksgiving Break); Dec 21-Jan 3 (Winter Break); Jan 18 (MLK Day). Monday classes follow a shorter schedule and are priced accordingly.

CLOTHING: Dress for comfort and movement. Adults wear dance or exercise clothes; Toddlers wear dance or play clothes, bare feet. Children wear dance clothes such as leggings, leotards, sweatpants or shorts, t-shirts, dance skirts etc., bare feet; Ballet shoes - Pre-Ballet 1-2 (optional for K-1) and Ballet classes. Clean soled sneakers required for Hip Hop and Boost with Bronwen.

PRE-REGISTRATION: Required to ensure a place in class. Registration in current classes does not guarantee a space in upcoming sessions. Full tuition paid with registration form is preferred. Contact registrar@creativedance.org to discuss paying in two installments. Classes without sufficient enrollment will be cancelled.

REFUNDS: In order to receive a refund, CDC Administration must be notified prior to the 4th week of classes to receive a prorated refund. A $15.00 processing fee will be levied.

FINANCIAL AID: CDC believes in supporting access to dance. Financial aid is available based on need. Email registrar@creativedance.org to request application. Application must be received before registering.

BIRTHDAY PARTIES & MORE: Contact CDC for gift certificates; birthday parties; preschool & class field trips. More info on our website!

CDC FACULTY: Visit creativedance.org for a complete listing of faculty bios.

BRAINDANCE: Developed by CDC Founder Anne Green Gilbert, the BrainDance is included in every class as a warm-up and introduction to the dance concept. The BrainDance sequences through eight fundamental movement patterns of early human development. BrainDance connects and aligns all parts of the body, brings blood and oxygen to the brain and muscles, and helps us to center and focus.

12577 Densmore Avenue North | Seattle, WA
206-363-7281 | creativedance.org