

# Creative Dance Center Schedule • Winter/Spring 2024

A 17-week schedule: January 29, 2024 through June 10, 2024. For exceptions to the 17-week schedule, see grid below.  
Creative Dance Center Breaks: no classes February 19-25 (Mid-winter Break); April 8-14 (Spring Break); May 27 (Memorial Day).

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MORNING	*9:45 -11:15 <b>Dance &amp; Art</b> \$408 Ages 3.5 - 5 -AH				9:30 -10:30 <b>Caregiver/Toddler</b> \$357 walking - 2.5 -AH	9:30-10:30 <b>Caregiver/Toddler</b> \$357 walking - 2.5 -AH
	9:45 -10:45 <b>Caregiver/Toddler</b> \$357 walking - 2.5 -AO	10:30 -11:30 <b>Caregiver/Toddler</b> \$357 walking - 2.5 -TG	10:00 -11:00 <b>Caregiver/Child</b> \$357 Ages 2.5 - 4 -TG	9:45 -10:45 <b>Caregiver/Toddler/Child</b> \$357 walking - 5 -AO	10:40-11:40 <b>Caregiver/Child</b> \$357 Ages 2.5 - 4 -AH	10:40-11:40 <b>Caregiver/Child</b> \$357 Ages 2.5 - 4 -AH
	10:55-11:55 <b>Caregiver/Child</b> \$357 Ages 2.5 - 4 -AO		11:15-12:15 <b>Nurturing Baby</b> 2 mo-pre-walking -AH/TG 10 week: 1/3-3/13 \$210 11 week: 3/20-6/5 \$231	10:55-11:55 <b>Creative Ballet</b> \$357 Ages 3.5 - 5 -AO	11:50-12:50 <b>Creative Dance</b> \$357 Ages 3.5 - 5 -AH	*10:40-11:40 <b>Creative Dance</b> \$357 Ages 4.5 - 5 -KD
AFTERNOON			2:15-3:15 <b>Creative Ballet</b> \$357 Ages 3.5 - 5 -KD			11:50-12:50 <b>Caregiver/Toddler/Child</b> \$357 walking - 5 -AH
	*3:55-5:10 <b>Ballet I</b> \$391 Grades 2 - 3 -RM	*3:55-4:55 <b>Pre-Ballet K-1</b> \$374 Grades K - 1 -SC	*3:45-4:45 <b>Creative Dance</b> \$374 Grades K - 1 -KD			*11:50-12:50 <b>Creative Dance K-1</b> \$374 Grades K - 1 -KD
	4:15-6:00 <b>Modern I</b> \$425 Grades 2 - 3 -TB	*5:00-6:00 <b>Pre-Ballet 1-2</b> \$374 Grades 1 - 2 -SC	*4:50-5:50 <b>Creative Modern</b> \$374 Grades 1 - 3 -KD	*4:00-5:00 <b>Hip Hop I</b> \$374 Grades 1 - 3 -RH		1:15-2:15 <b>Creative Modern</b> \$374 Grades 1 - 3 -AH
EVENING	5:00-6:30 ON ZOOM <b>Creative Modern for Adults (Online)</b> Adult -AGG 9 week: 1/8-3/11 \$216 11 week: 3/18-6/10 \$264	4:30-6:30 <b>Modern II</b> \$476 Grades 4 - 5 -BW	4:30-5:30 <b>Hip Hop II</b> \$374 Grades 4 - 5 -JT	4:30-6:30 <b>Modern III</b> \$476 Grades 6 - 7 -SC	4:30-6:45 <b>Kaleidoscope Dance Company Rehearsal</b> <i>Bronwen Houck, Director</i>	
	*5:15-6:30 <b>Ballet II</b> \$391 Grades 4 - 5 -RM	*6:10-7:40 <b>Ballet III</b> \$408 Grades 6+ -TG	*6:00-7:00 <b>Caregiver/Toddler/Child</b> \$357 walking - 5 -KD			* Designates Lower Studio
	6:15-8:15 <b>Int/Adv Modern</b> \$476 Ages 13+ - Adult -TB					
	*7:00-8:00 <b>Adaptive BrainDance</b> Ages 13+-Adults -JN, BW FREE 8 week: 1/8-3/11 FREE 11 week: 3/18-6/10	6:45-7:45 <b>Hip Hop Pulse</b> Adult - JT 8 week: 1/16-3/12 \$176 11 week: 3/19-6/4 \$242	7:00-8:30 <b>Keep Dancing! Modern for 40+</b> Adult -AGG 10 week: 1/3-3/13 \$240 11 week: 3/20-6/5 \$264			

Creative Dance Center's School Show  
**Afternoon of Dance**  
Sunday, March 10, 2024  
Shorecrest Performing Arts Center  
15343 25th Ave. N.E., Shoreline  
creativdance.org

**Educator & Community Workshops**

BrainDance Foundations with Anne Green Gilbert  
Feb 4, 2024 1-5pm \$90

BrainDance: Birth to 5yrs & Primary Grades with Terry Goetz  
April 28, 2024 1-4pm \$70

**Save the Date!**

**29<sup>TH</sup> SUMMER DANCE INSTITUTE FOR TEACHERS**  
in person at Creative Dance Center

July 15-19, 2024  
9:00am to 5:00pm (Mon - Fri)  
\$595 Early Bird or \$665 after May 31

**Class Details & Registration at**  
creativdance.org



**Financial Aid**

Tuition assistance for classes & workshops is available based on need. Application must be received before you register.  
Email registrar@creativdance.org for details.

SDIT provides educators, dance teachers, arts specialists, & therapists with tools to create meaningful, engaging, & developmentally appropriate dance curricula for all ages and abilities.

See [creativdance.org/professional-learning](https://creativdance.org/professional-learning) for info + registration.

# Creative Dance Center Class Descriptions Winter/Spring 2024 Session

## EARLY CHILDHOOD

**NURTURING BABY:** (2 mo. - pre-walking) A full hour of dance and playtime baby fun! Meaningful social/emotional connections are made as you and baby dance together and with others. Explore dance concepts using multisensory props and instruments and move to a wide variety of music. Learn how to support floor-time. Fun, appropriate movements for baby's developing body & brain. Additional caregivers always welcome.

**CAREGIVER/TODDLER:** (walking to 2.5)

**CAREGIVER/CHILD:** (2.5- 4 yrs.)

**CAREGIVER/TODDLER/CHILD:** (walking - 5 yrs.)

Learn BrainDance, explore dance concepts, play with multi-sensory props and instruments as your child develops confidence in their body. Class nurtures cognitive, social-emotional, and kinesthetic development while encouraging imagination and creativity! Nannies and caregivers always welcome. Siblings eight-months-old and older must be registered as a student for half price (email for coupon code).

**PRE-K, CHILDREN & TEENS** are drop-off classes.

If your child is not ready to participate on their own, a Caregiver/Child class may be more appropriate.

**CREATIVE BALLET:** (3.5-5 yrs) Exploring ballet skills and vocabulary through creative dance helps young dancers learn ballet more easily and enjoyably. Dance concepts are introduced through the lens of ballet. We dance in bare feet.

**CREATIVE DANCE:** (3.5-5 yrs, Grades K-1) Having fun, exploring movement concepts, developing dance skills, strengthening the body and brain, interacting with others - it all happens in creative dance classes. Skills become more challenging throughout the year and progress with age level.

**DANCE & ART:** (3.5-5 yrs) Celebrate the artist in your child! Includes movement explorations through improvisation, dance skills, story time, visual art projects, and dance-making. Students' creativity is sparked through hands-on art activities.

**PRE-BALLET:** (Grade K-1; 1-2 ) Exploring ballet vocabulary through dance concepts nurtures the whole dancer. Musicality, improvisation, skill development, and fundamentals of choreography are taught, with an emphasis on personal expressivity. Ballet shoes optional for Pre-Ballet K-1 and required for Pre-Ballet 1-2.

**CREATIVE MODERN:** (Grades 1-3) Experience more technique and skill development while continuing to have fun improvising and creating. Includes BrainDance, exploring movement concepts, and choreography.

**HIP HOP I, II, III:** (Grades 1-3, 4-5, 6+) Explore street dance styles from the vibrant culture of Hip Hop, through the lens of the dance concepts. Develop your voice through free-styling, pop and lock, breaking, and more. Feel the music and increase rhythm and coordination! Clean-soled sneakers required.

**MODERN I, II, III:** (Grades 2 & up) Exploring movement concepts, developing dance technique and skills, and composing dances strengthens the body and mind and helps older dancers become skilled movers and choreographers. Live Accompaniment.

**INT/ADV MODERN:** (Grades 8+ up) A concept-based technique class for experienced movers wishing to deepen understanding of their embodied performance of modern dance. Classroom culture is student-centered. Content is derived from Limon, Bartenieff, Cunningham, and release techniques while following Anne Green Gilbert's 5-part lesson plan including BrainDance and choreography.

**BALLET I, II, III:** (Grades 2-3; Grades 4-5; Grades 6+) Ballet emphasizes strength, alignment, & musicality. Exploring ballet technique through dance concepts engages the whole dancer. Classes are offered in a supportive and creative learning environment.

**ADAPTIVE BRAINDANCE:** (13+ yrs) For students of all abilities/disabilities. Class includes BrainDance, partner/group work, improvisation, dance skills, and celebrates individual creativity. Students welcome to bring support in form of family or staff to aid in participation. No one-on-one supervision is provided. FREE!

## ADULT CLASSES

**INT/ADV MODERN:** (Grades 8+ to Adult) A concept-based technique class for experienced movers wishing to deepen understanding of their embodied performance of modern dance. Classroom culture is student-centered. Content is derived from Limon, Bartenieff, Cunningham, and release techniques while following Anne Green Gilbert's 5-part lesson plan including BrainDance and choreography. Drop-in \$25.

**ADAPTIVE BRAINDANCE:** (13+ yrs) For students of all abilities/disabilities. Class includes BrainDance, partner/group work, improvisation, dance skills, and celebrates individual creativity. Students welcome to bring support in form of family or staff to aid in participation. No one-on-one supervision is provided. FREE!

**HIP HOPPULSE:** (Adult) Break a sweat and unleash your inner rhythm! This class combines the infectious beats of hip hop music with heart-pumping choreography designed to build strength, flexibility, and love for movement. All fitness and dance levels are welcomed, come join the dance party! Clean-soled sneakers required. Drop-in \$25.

**KEEP DANCING! MODERN FOR 40+:** Includes BrainDance, floor & center work, technique, movement combinations, folk dances, improvisation, and choreography. Fun and fitness for your fourth decade & beyond! Adults under 40 welcome, too! Live accompaniment.

**CREATIVE MODERN FOR ADULTS (Online):** Dance with us from home! Includes BrainDance, floor & center work, technique, movement combinations, folk dances, improvisation, and choreography. This class is taught online over Zoom.

## ----- **VISITING/OBSERVATION:**

Parents are invited to observe class the 8th week (Mar 25-30) & 17th week (June 4-10) of the session. A family-friendly waiting room is provided outside of class during non-visiting days. If your child is not ready to participate on their own, Caregiver/Child class may be more appropriate.

**Class Details & Registration at**  
[creativetdance.org](http://creativetdance.org)



# Kaleidoscope Spring Concert • May 10-12, 2024 • Broadway Performance Hall

Concert times and ticket info at [creativetdance.org/performances](http://creativetdance.org/performances)

# CREATIVE DANCE CENTER Winter/Spring 2024

**CREATIVE DANCE CENTER** is in the Haller Lake neighborhood just off Aurora Avenue North, 12577 Densmore Ave. N. is just south of the N. 128th Street and Densmore Ave. N. intersection. From Aurora Ave. N., go east on N 128th St. From 1-5 northbound, take the NE 130th St. exit and head west. From 1-5 southbound, take the NE 145th St. exit and head west. Turn south on Meridian N and west on N 128th. *Free parking.*

**DATES:** 17-week schedule: January 29 to June 10, 2024.

Shorter Mini Sessions for Keep Dancing, Creative Modern for Adults, Adaptive, Nurturing Baby, Hip Hop Pulse. Visit [creativetdance.org](http://creativetdance.org) for details. **Creative Dance Center Breaks:** No classes Feb 19-25 (Mid-Winter Break), Apr 8-14 (Spring Break), May 27 (Memorial Day).

**CLOTHING:** Dress for comfort and movement. Adults wear dance or exercise clothes; Toddlers wear dance or play clothes, bare feet. Children wear dance clothes such as leggings, leotards, sweatpants or shorts, t-shirts, dance skirts etc., bare feet. Ballet shoes - Pre-Ballet 1-2 (optional for K-1) and Ballet classes. Sneakers required for Hip Hop.

**VISITING/OBSERVATION:** Parents are invited to observe class the 8th week (Mar 25-30) & 17th week (June 4-10) of the session. A family-friendly waiting room is provided outside of class during non-visiting days. **If your child is not ready to participate on their own, Caregiver/Child class may be more appropriate.**

**PRE-REGISTRATION:** Required to ensure a place in class.

Registration in current classes does not guarantee a space in upcoming sessions. Full tuition paid with registration form is preferred. Contact [registrat@creativetdance.org](mailto:registrat@creativetdance.org) to discuss paying in two installments. Classes without sufficient enrollment will be cancelled. When multiple family members register during the same session, a 5% discount will be applied to the tuition total.

**REFUNDS:** In order to receive a refund, CDC Administration must be notified prior to the 4th week of classes to receive a prorated refund. For camp refunds CDC Administration must be notified 2 weeks before the start of camp. A \$15.00 processing fee for classes and a \$25.00 fee for camps will be levied.

**FINANCIAL AID:** Financial aid is available based on need. Email [registrat@creativetdance.org](mailto:registrat@creativetdance.org) to request application. Application must be received at Creative Dance Center before registering.

**BIRTHDAY PARTIES & MORE:** Contact CDC for gift certificates; birthday parties; preschool & homeschool fieldtrips. More info on our website!

**CDC FACULTY:** Visit [creativetdance.org](http://creativetdance.org) for a complete listing of faculty bios: TB= Tiffany Bierly, SC= Sara Caplan, KD= Katie Daugherty, AGG= Anne Green Gilbert, TG= Terry Goetz, AH= Annie Hughes, RH= Rania Hollinshed, RM= Robbi Moore, JN= Joel Nyland, AO= Amanda Oie, JT= Jay Tan, BW= Bri Wilson

**BRANDANCE:** Developed by CDC Founder Anne Green Gilbert, the Brandance is included in every class as a warm-up and introduction to the dance concept. The Brandance sequences through eight fundamental movement patterns of early human development. BrainDance connects and aligns all parts of the body, brings blood and oxygen to the brain and muscles, and helps us to center and focus.

12577 Densmore Avenue N, Seattle, WA 98133  
206.363.7281 • [creativetdance.org](http://creativetdance.org)