



We are excited to welcome you to the Creative Dance Center!

The safety of our community is paramount. The Creative Dance Center is following public health recommendations to help prevent the spread of COVID-19. We require registered students and guardians of minors to read and agree to an [Assumption of Risk, Health Screening, Waiver of Liability, and Indemnification Agreement](#) in order to enter the building and participate in our programming. A link to this form will be emailed to registered families and must be completed prior to the first class, camp, workshop or intensive you or your child attends.

Public health requirements in regard to COVID-19 are continually evolving. We will adhere to or exceed public health recommendations from local government and health agencies, making protocol adjustments as needed. The information below is subject to change. If changes are made to our COVID-19 policies, registered students and families will receive updated protocols via email and information will be updated on our website.

ASSUMPTION OF RISK/HEALTH SCREENING/WAIVER OF LIABILITY/INDEMNIFICATION AGREEMENT: We require registered students and guardians of minors to read and agree to an Assumption of Risk, Health Screening, Waiver of Liability, and Indemnification Agreement in order to enter the building and participate in programming. CDC cannot guarantee that its students, caregivers or others that enter the building will not become injured and/or exposed to or contract COVID-19.

MASKS: Masks are encouraged but not required for participation in CDC programming.

HAND SANITIZING: Hand sanitizing stations are available in the studios and throughout the building. Upon entering the building, we require students and families to use provided hand sanitizer.

AIR QUALITY/ VENTILATION: Both our studios have Alen BreatheSmart 75i True HEPA Air Purifier units running 24/7. When it is safe to do so windows may also be opened for ventilation.

NOTIFICATION OF SUSPECTED OR CONFIRMED COVID-19 CASES: Notify the Creative Dance Center if you have a suspected or confirmed case of COVID-19. Read the steps below that the Creative Dance Center will take if we are notified of a suspected or confirmed case of COVID-19.

Suspected Case

If notified of a "suspected" case of COVID-19 (individual has symptoms or "close contact" exposure but no positive test), Creative Dance Center will:

- Notify student/families and staff.
- Instruct staff member or student/family with a suspected case of COVID-19 to stay home and do not return to Creative Dance Center until a negative COVID-19 PCR test taken 3-5 days from symptoms/exposure is provided to Creative Dance Center administration.
- Update students/families and staff if/when a suspected case is cleared.
- Staff or students/families with a suspected case of COVID-19 may not return to Creative Dance Center until they meet the conditions outlined in our Return Policy below.

Confirmed Case

If notified of a "confirmed" case of COVID-19 (individual received a positive COVID-19 test), Creative Dance Center will:

- Notify all students, families, and staff;
- Instruct the person with confirmed COVID-19 to follow our safe return protocols outlined below and not return to class until symptoms have cleared. A negative COVID-19 antigen test may be requested by admin for a safe return;
- Creative Dance Center recommends that those who had close contact with the person stay home and get tested for COVID-19 within 3-7 days of suspected exposure.

Return Policy for a Person with a Suspected or Confirmed Case of COVID-19, or a Person in Close Contact

- If a person tests positive for COVID-19, they may return to the Creative Dance Center following current WA Department of Health Guidelines for schools found at this link: <https://doh.wa.gov/sites/default/files/2022-03/821-165-K12SchoolsChildCare.pdf>
- Requirements includes isolating for 5 days from onset of symptoms ("day 0" for symptomatic COVID) or the positive result ("day 0" for asymptomatic COVID). Determine your isolation period using the [Isolation & Quarantine Calculator](#). If symptoms have cleared and there is no additional positive test result, they may return to class wearing a well-fitted mask (required through full 10 day period from positive result). If person continues to test positive after 5 day isolation, they will be allowed back to class no sooner than 10 full days from onset of symptoms or initial positive result. Creative Dance Center may request information on infection timeline and/or proof of a negative COVID-19 antigen test for safe return. Please communicate with admin about a safe return date bronwen@creativedance.org.
- If a person was in close contact* with someone suspected of having COVID-19, they may return to the Creative Dance Center only after they provide proof of a negative COVID-19 lab-issued test and show no signs of symptoms.
- If a person has one or more symptoms but tests negative for COVID-19 (and provides negative test results - lab-issued PCR or at-home antigen tests per FDA guidelines below), they may return to the Creative Dance Center 24 hours after fever has resolved (without the use of fever-reducing medication) AND show no signs of other COVID-19 symptoms.
- If a person has one or more symptoms and has not yet been tested, they may return to the Creative Dance Center only after they provide proof of a negative COVID-19 (lab-issued PCR or at-home antigen tests per FDA guidelines below).

Information on At-Home COVID-19 Antigen Tests

The FDA has released new guidelines on proper use of at-home antigen tests, including repeat testing following a negative result whether or not you have COVID-19 symptoms. A full description of recommended testing protocols can be found at [this FDA site link](#).

Summary of FDA at-home testing guidelines:

- Positive result (first or repeated test) - you most likely have COVID-19 and should follow the CDC guidance for people with COVID-19.
- Initial negative result, with symptoms – test again 48 hours after first negative test, for a total of at least 2 tests
- Initial negative result, no symptoms, suspected exposure – test 48 hours after first negative test, then 48 hours after second negative test, for a total of at least 3 tests.
- If you get a positive result on any repeat test with an at-home COVID-19 antigen test, you most likely have COVID-19 and should follow the CDC guidance for people with COVID-19.

*Center for Disease Control Definition of Close Contact

"Close contact" means being closer than six feet from an infected person for a cumulative total of 15 minutes or more in a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes), starting from the 2 day period before the infected person began showing symptoms (or, for individuals with no symptoms, starting from the 2 day period before the date of the positive test). An infected person can spread COVID-19 starting from 48 hours before they have any symptoms (or, for asymptomatic patients, 48 hours before the positive specimen collection date) until the infection has cleared. Close contact also happens if someone with COVID-19 coughs on you, kisses you, shares utensils with you, or you have contact with their body fluids.

Please email Creative Dance Center Administrative Director Bronwen Houck at bronwen@creativedance.org if you are unsure how to proceed or have any questions regarding these policies.